St. Clair Street ADS Newslines



Volume 5, Issue 4 June-July 2006

THANK YOU TO MAY DONORS &

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Special thanks to the Murfreesboro Chapter of the AARP

These lovely folks participated in a national Day of Caring to ADS and assisted living facilities.

Message from Rebecca Kelly, State President, "We want to do this for a couple of reasons – one, so that we can all better understand the great work you all do in our communities, and two, to provide a service that you think will be meaningful for the residents/participants/ consumers. Thanks for letting us know and for continuing to partner with us as we move forward to make long-term care options better for all families in Tennessee!"

AARP Members Volunteer A National Day of Service to ADS Programs



JoAnn Lamento, Carmen Bentley, Arthur Foxworth, Anna Simpson, Joyce Cumberbatch, Jessie Jackson, Tina O'Brien (standing). Mary Thaxton, Grace Delahunt, Carl Rigsby (seated)



Carl Rigsby and Jessica Lendon, MTSU Intern, complete a craft project during AARP day of service



Yukiko Nishimura, MTSU Intern, works with Carmen Bentley during AARP project

Volunteer of the Month Betty Hill



Hill. Bettv pictured above, has volunteered as a Friday morning regular in our ADS program right from the start almost seven years ago. Betty's granddaughters, Caroline and Claire have visited often and have been a source of joy for us as we have watched them growing up. Betty, a member of the Blackman F.C.E., has coordinated donations from that group. Thank you Betty, for your generosity and many kindnesses.



ADS Staff: Tina O'Brien, May Caldwell, Lori Domer, & Nancy Gordon

Adult Day Services Days/Hours

Monday-Friday 8:00 a.m. to 5:00 p.m. (extended day 7:45 am to 5:15 pm)

Costs Half Day (1-4 hrs) \$17.50 Full Day (4-9 hrs) \$30 Extended Day \$35 Respite Care (on call) (1-4 hrs) \$20 (4-9 hrs)

of the architecture, organization, staffing and philosophy of care normally associated with nursing homes.

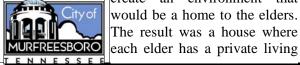
Established in September 1999, the **Adult Day Services** Program is sponsored by the St. Clair Street **Senior Center** 325 St. Clair Street Murfreesboro, TN 37130 615-848-2550

This project is partially funded under ing and clinical care, without an agreement with the the assistance and care becom-Tennessee Commission on Aging and the Greater Nashville Regional Council.

SPONSORS

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DEVELOPING SMALL COMMUNITY HOMES AS ALTERNATIVES TO NURSING HOMES

"Green House" Model a New Approach to Long-Term Care

The Green House is a small intentional community for a group of elders and staff, it is intended to be a vessel for the enactment of the most positive elderhood possible. It is a place that focuses on life, and its heart is found in the relationships that flourish there. The Green House A radical departure from trais a total rethinking ditional skilled nursing homes and assisted living facilities, Green House alters facility size, interior design, staffing patterns, and methods of delivering skilled professional services. Developed by Dr. William Thomas and rooted in the tradition of the Eden Alternative, a model for cultural change within nursing facilities, the Green House is intended to de-institutionalize long-term care by eliminating large nursing facilities and creating habilitative, social set-

> ing the focus of their existence. The Green House is designed to be a home for eight to ten elders. It blends architecturally with neighboring homes, includes vibrant outdoor space, and utilizes aesthetically appealing interior features. The first Green House were designed by Richard McCarty, the McCarty Company, in Tupelo Mississippi. Richard and Dr. Thomas collaborated to create an environment that would be a home to the elders. The result was a house where

tings. Its primary purpose is to

serve as a place where elders

can receive assistance and sup-

port with activities of daily liv-

🕨 Tína, May, Lorí, & Nancy